

CPPE in the West Midlands

summer, 2026



CPPE

CENTRE FOR PHARMACY
POSTGRADUATE EDUCATION

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New letter, same CPPE WM

Summer is here, and with it, we're bringing you our local update in a shinier package.

Use this newsletter to explore how CPPE can help you grow as a professional.

As ever, send any questions to one of our regional tutor team.



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In-person workshops

These run locally, with limited spaces. See one you like? Book it.

Menopause: Prescribing perspectives

Dudley, 30 June	Solihull, 6 September
Stoke on Trent, 20 September	

Blood pressure assessment in community pharmacy: Essential skills

Birmingham, 21 June

Depression: Having meaningful conversations

Solihull, 23 June

Respiratory clinical assessment skills

Birmingham, 28 June

Optimising inhaler technique: Improving outcomes

Birmingham, 29 September

NHS Pharmacy Contraception Service: Delivering effective consultations to initiate contraception

Birmingham, 8 September

Online workshops

These are open England-wide, but spaces are limited, so book now.

<u>Academic writing and reflective practice</u> 6 July, 16 September	<u>Reflective practice</u> 2 July, 22 September	
<u>Emergency contraception</u> 24 June, 30 June, 14 July, 16 September, 29 September	<u>Valproate: the hard conversations</u> 16 June, 15 July, 28 September	<u>Preparing to train as an independent prescriber</u> 22 June, 1 July, 17 September

<u>PGDs: Empowering pharmacy technicians to provide services</u> 11 June, 2 July, 1 September	<u>Deprescribing</u> 16 June, 8 September
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Courses and extended training

<u>Pharmacy technician development programme: Preparing for the future</u> Ongoing enrolment	<u>Accuracy checking pharmacy technician programme</u> Enrolment ongoing, £330 including VAT
<u>Return to practice</u> Applications open for September 2026, £100 booking fee	<u>Return to the register</u> Applications open – starts October 2026
<u>CPhO's pharmacy leaders development programme</u> Applications open – starts October 2026	

New launches

Novel courses and training, straight off the shelf

[Menopause: Prescribing perspectives](#)

Face-to-face workshop and e-course

Develop your knowledge and skills for adopting a structured approach to safely and confidently providing advice on menopause symptom management and supply of medicines.

[PGDs: Empowering pharmacy technicians to provide services](#)

Online workshop

The role of PGDs is expanding. Here, pick up the tools and confidence to make safe, informed supply and non-supply decisions, quashing the uncertainty that often comes with new clinical responsibilities.

[Fundamentals of neurology](#)

e-course

With units on migraine, epilepsy, stroke, acquired brain injury, myasthenia gravis and motor neurone disease, this digital course supports person-centred care for people with neurological conditions.

Sustainable respiratory care

Workplace-based learning

Think through how to have meaningful conversations about inhaler use to manage conditions such as asthma and COPD, with the aim to improve people's health and environmental outcomes.

Type 2 diabetes: Optimising safe and personalised management

Workplace-based learning

Supports your team to build confidence and capability in delivering person-centred, individualised care that enhances safe and effective medicines optimisation for people living with type 2 diabetes.

Fundamentals of mental health

e-course

Develop your knowledge, skills and confidence to better support people living with a mental health condition. Covers depression, anxiety, insomnia, suicide, self-harm, bipolar disorder and schizophrenia.

Digital health and clinical informatics: an introduction

e-learning

A structured introduction to digital health and clinical informatics in pharmacy, suitable for pharmacists and pharmacy technicians in all settings. A great way to expand your digital skills.

News and media from CPPE

What we're up to this month

Golden Hillock, golden opportunity

The recent opening of Birmingham's first [Neighbourhood Mental Health Centre \(Golden Hillock\)](#) highlights the need for accessible, community-based mental health support.

Did you know? Depression affects over 280 million people worldwide.

Are you comfortable talking about depression? Many people hesitate to discuss depression and suicidal thoughts, fearing they'll say the wrong thing. However, avoiding the conversation can make things worse.

Join us at our [Depression: Having meaningful conversations](#) workshop at Village Hotel, Solihull on 23 June to learn how to navigate these crucial conversations and understand the impact of meaningful dialogue.

Make PQS your priority

Details for the 26/27 *Pharmacy Quality Scheme* have been announced. [Our dedicated PQS page](#) can support you in meeting this year's requirements – which include our [Asthma for Pharmacy Quality Scheme 2026/27 e-learning](#) and [its linked e-assessment](#).

How pharmacy teams work together to tackle hypertension

Our own Michelle Staples has penned a piece for this year's World Hypertension Day. [Why not have a look?](#)

Pharmacy Conversations *(our lovely podcast)*

The last two episodes of the show have been cracking. We covered the [RPS' transition into the RCP](#), and then brought in Pharmacist Support to discuss [wellbeing in pharmacy](#).

Explore our [news page](#) for more updates, featuring awareness day tips, thoughts from our director and more.